



biologisch
eten & drinken

At Gys we make 100% organic food 100% accessible. Here at Gys, everything, from the food you eat to the table you're sitting at, is wholly sustainable, simply because that's wholly possible.

Each Gys has its own flavours and wholly unique menu. Gys is what it is today thanks to our close-knit team and concession-less entrepreneurial style. We are always on the lookout to improve and prepare tasty and healthy food with pioneering flavours.

Eet smakelijk!

BREAKFAST till 13.00

Pancakes (gluten free, vegan) Chocolate, banana	7,5
Smoothie bowl (gluten free, vegan) Soya yoghurt, banana, berries, coconut	7,5
Scrambled eggs (vegetarian) Tomato, bread, spring onion	7,5

LUNCH

Shakshuka (vegetarian, gluten free poss.) Egg, paprika, spinach, tomato, bread	8,5
Muhamarra sandwich (vegetarian, gluten free possible) Feta cheese, cucumber, pomegranate, mint	8,5
Lunchburger (gluten free possible, vegan) Peas, mint, beluga lentils, peppers, aubergine	10,5
Arabic pizza (vegetarian) (served until 17.00) Labneh, artichoke, black olives, paprika, mint, basil	8,5

Vegetable garden (vegan, gluten free possible) Beetroot hummus, carrots, celery, radish, cauliflower, bread	8,5
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SALADS

Watermelon (gluten free, vegan) Dill, fennel, almond, rocket, olive oil, lemon	8/12
Avocado (gluten free, vegan) Pea, mint, lime, cress, beetballs, little gem, radish	8/12

SOUP

Summer soup (gluten free possible, vegan) Summery soup of various vegetables	8/12
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SNACKS

Beetballs (gluten free, vegan) Avocado mayonnaise	5,5
Nacho's (gluten free, vegan possible) Cheese	5,5
Veggies with dips (gluten free, vegan)	5,5
Bread board (gluten free possible, vegan) With dip	4

STARTERS

Tasting (gluten free possible, vegan possible) A selection of mini dishes from our menu	8,5
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MAINS

Satay (gluten free, vegan) Seitan, acar, sweet potato crisps, pearl barley, peanuts, coconut	13,5
Fish & Chips (gluten free, vegan) Beer battered parsnip and kohlrabi, remoulade, dill, fries	13,5
Pulled pork (gluten free possible, vegan) Mushrooms, cucumber, coleslaw, BBQ sauce, bread	13,5
Carrot trio (gluten free, vegan) Quinoa, spinach, dill	13,5
Kapsalon (gluten free, vegan possible) Tempeh, sweet potato, cucumber, onion, lettuce, tomato, cheese, sambal'n'garlic sauce	13,5

Saltimbocca (gluten free, vegan poss.) **13,5**
Aubergine, tomato, ricotta, sage, portobello
mushrooms, potatoes

All the dishes on our menu are vegan or
vegetarian

For children, we can serve dishes in half
portions

AFTERS

Gys Snickers (gluten free, vegan) **7**
Vanilla ice cream, caramel sauce, chocolate,
peanuts

'Hangop' (gluten free, vegan) **7**
Soya, walnut, red fruit, mint, raspberry ice
cream

Lemon cheesecake (gluten free, vegan) **7**
Coulis of summer fruits, blood orange ice cream

Grand dessert (gluten free, vegan) **12,5**
A selection of desserts

SIDES

Fries (gluten free, vegan) **4**
Vegan mayonnaise

Bread board (gluten free possible, vegan) **4**

Small salad (gluten free, vegan) **4,5**

